

Welcome!

Contact us if you or a loved one is

- Returning home from hospital or rehab and needs care to fully recover
- Can use reminders or teachings about medications, diet, or health regimens.
- Has a condition that presents a likelihood of worsening, and nursing observation could help.
- Has leg weakness or gait presents a likelihood of a fall injury.



We Cover All of Maryland

Including
Prince George's County
Laurel. Bowie. Lanham. New Carrollton.
Beltsville. Greenbelt. Clinton. Capitol Heights.
Oxon Hill.

Howard / Anne Arundel Counties
Annapolis. Columbia. Jessup. Elkridge.

Montgomery County
Silver Spring. Rockville. Bethesda

Baltimore City & Others

Contact:
240 716 6874, 240 716 6876
info@vitalishealthcare.com

www.vitalishealthcare.com

Address:
8757 Georgia Avenue, Suite 440,
Silver Spring, MD 20910



For Reliable,
Compassionate
In-Home Care



Gentle and compassionate care in your own home

Vitalis Healthcare is a residential service agency (RSA) licensed and certified by the state of Maryland. We provide a variety of residential health and personal care services, collaborating with your physician and family members to develop a plan of care for you that exceeds your expectations.

Our clients receive reliable, compassionate personal care from well trained and dedicated personal care assistants and nurses at the comfort of their home. Our personnel includes skilled nurses, certified nursing aides and companion care assistants.

Call **(240) 716 6874**
for FREE assessment

or send an email to
info@vitalishealthcare.com



Our mission is to provide reliable, compassionate in-home care through dedicated and passionate personnel who treat clients as they would their own loved ones.

- We do not require you to see different doctors. Your personal doctor will supervise your care from Vitalis.
- We can make multiple visits, spread over weeks or months to make sure your recovery proceeds according to plan.
- When teaching health and safety strategies that people will use in their own homes, the actual home makes the best classroom.
- Recovery from surgery and other health challenges goes better when rehabilitation occurs in the home environment where people will continue to live long-term



Our Services

- **Personal Care Assistants** to help stay well and independent.
- **Activities of Daily Living (ADLs)** like bathing, dressing, toileting, eating a nutritious diet, getting of bed or chair, walking etc.
- **Instrumental Activities of Daily Living (IADLs)** like shopping, transportation, laundry, meal preparation.
- **Nursing Care at Home** such as wound care, pain care, companionship & temperature, pressure and respiratory monitoring.